DEVELOPING YOUR CHILD TO BE A POSITIVE PEER INFLUENCE ONLINE

What is Positive Peer Influence?

Positive peer influence is a key principle in MOE's Cyber Wellness Framework which encourages our students to:
- ✓ Be a positive role model online (e.g. share healthy and positive content, harness technology to do good); and
- ✓ Advocate positive online behaviours (e.g. stand up for their peers online, report cases of cyber bullying to a trusted adult/authority, post encouraging remarks on social media).

Why is Being a Positive Peer Influence Online Important?

Being a positive peer influence online will help your child to:
- ✓ Exercise empathy and kindness online
- ✓ Develop resilience and moral courage to stand up to negative peer pressure and unhealthy online influences
- ✓ Learn responsibility for words and actions
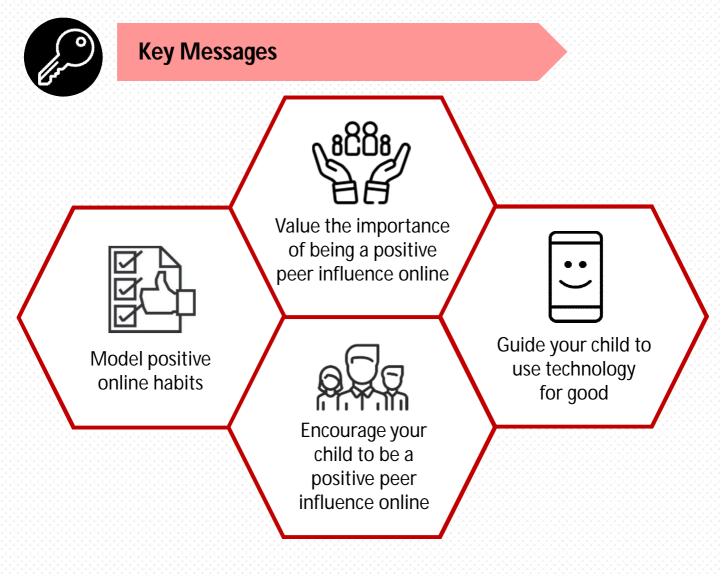- ✓ Leave positive digital footprints and establish a good online reputation

How can Parents Help?

Encourage your child to:
- ✓ Be **S.U.R.E.** before sharing. Check **S**ource, **U**nderstand, **R**esearch, **E**valuate
- ✓ **T.H.I.N.K.** before posting. Ask: "Is it **T**rue? **H**elpful? **I**nspiring? **N**ecessary? **K**ind?"
- ✓ Be an upstander for friends who are cyber bullied
- ✓ Use technology for good

Key Messages

Value the importance of being a positive peer influence online

Model positive online habits

Encourage your child to be a positive peer influence online

Guide your child to use technology for good

Resources

Ministry of Education
Check out MOE's Cyber Wellness Portal for up-to-date cyber wellness tips and resources for parents.
ictconnection.moe.edu.sg/cyber-wellness/for-parents

Media Literacy Council
Check out "Media-WISE: A SMART guide for YOUths" for tips on how your children can stay safe and kind online.
betterinternet.sg/-/media/Resources/PDFs/Youth-Guides/Media-Wise-Youth-Guide.pdf

National Library Board
Pick up some research skills and learn more about the **S.U.R.E**. method from NLB's eLearn Centre, an e-learning portal for Internet users of all ages.
nlb.gov.sg/sure/elearn-centre

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CYBER WELLNESS
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